

ADM Formalism



$\nabla_\alpha t$ orthogonal
hypersurface

$$\eta^\alpha \eta_\alpha = g^{\alpha\beta} \nabla_\alpha t \nabla_\beta t$$

$$\delta^\alpha_\alpha \delta^\beta_\beta = -\frac{1}{\alpha^2}$$

$$\eta_\beta = \frac{1}{\alpha} \nabla_\beta t$$

$$\underline{\gamma_{ij}} = g_{ij} \quad \beta_i = g_{ti}$$

$$K_{ij} = (\nabla_\alpha \eta_\beta) \delta_i^\alpha \delta_j^\beta$$

$$\nabla_i \eta_j$$

$$\eta_0 = \frac{1}{\alpha} \partial_0 t$$

$$= \frac{1}{\alpha}$$

$$= \Gamma_{ij}^0 \eta_0$$

$$= \frac{1}{\alpha} \Gamma_{ij}^0$$

Rewrite $\mathcal{L}_g \cdot \mathcal{L} = \int \sqrt{-g} \, \underline{\mathcal{R}} \, d^3 x$

$$\sqrt{-g} = \alpha \sqrt{\gamma}$$

Problem -

$$\sqrt{g} R = \int \sqrt{g} \left(2 \partial_\mu g^\mu{}_\nu \partial^\nu g + \frac{1}{2} g^{\mu\nu} g_{\mu\nu} \right) d^3x dt$$

Want 1st deriv in time.

$$\int \sqrt{g} \partial_\mu \partial^\mu g \rightarrow \int -\partial_\mu g \partial^\mu g$$

Rewrite R so only 1st deriv in time

occur by doing int

by parts in time.

Assume boundary integral
is 0.

$$\pi^{ij} = \frac{\delta}{\delta \gamma_{ij}} \int \underbrace{\sqrt{g} R}_{\text{only has } \partial_t \gamma_{ij}} d^3x$$

$$\pi^{ij} = \underbrace{\sqrt{\gamma}}_K \left(\underbrace{\gamma_{ik} K^{kj}}_K \gamma_{ij} - K_{ij} \right)$$

Tensor density

$$K_{ij} \propto \partial_t \gamma_{ij}$$

Hamiltonian :

$$\int \left(\pi^{ij} \partial_t \gamma_{ij} - \sqrt{g} R \right) d^3x$$

$\partial_t \gamma_{ij}$ in terms of

where I write

$$\pi^{ij} \quad \partial_t \gamma_{ij} =$$

$$\frac{2}{\sqrt{\gamma}} \left(\pi_{ij} - \frac{1}{2} \pi \gamma_{ij} \right)$$

$\pi = \gamma^{ij} \pi_{ij}$

$$H = \int \alpha H^0 + \beta_i H^i \, d^3x$$

$$H^0 = 0$$

$$H^i = 0$$

$$H^0 = -\sqrt{\gamma} \left({}^3R + \frac{1}{\gamma} \left(\frac{\pi^2}{2} - \pi^{ij} \pi_{ij} \right) \right)$$

$$H^i = \left(2 \left(\partial_j \pi^{ij} + \hat{\Gamma}_{jk}^i \pi^{jk} \right) \right)$$

π^{ij} is not a tensor
tensor density

$$H^i = 2 \hat{\nabla}_j \pi^{ij}$$

$$\mathcal{H} = \int (\alpha H^0 + \beta_i H^i) d^3x$$

$$H^0 = 0, H^i = 0 \Rightarrow \mathcal{H} = 0$$

For solutions, the Energy is 0.

H^0, H^i have no time deriv.

So they are not evolution eqns

They are constraints on initial data.

$$\{A, B\} \quad q_i, p_i$$

$$\hookrightarrow \sum_i \left(\frac{\partial A}{\partial q_i} \frac{\partial B}{\partial p_i} - \frac{\partial A}{\partial p_i} \frac{\partial B}{\partial q_i} \right)$$

$$A = q_i, \quad B = H$$

$$\{q_i, H\} = \frac{\partial H}{\partial p_i} = \dot{q}_i$$

$$\pm \sum_i \gamma_{ij} (\sum_i \dot{H}^i + \xi_i H^i) = \underbrace{\sum_i \gamma_{ij} \dot{H}^i}_{\text{inf coord trans}}$$

$$\delta \gamma_{ij}, \sum_i \dot{H}^i - \xi_i H^i = \text{inf spacetime coord trans}$$

on solutions.

γ_{ij} obey field eqns.

$$\{\gamma_{ij}, \int (H' + 3\pi^2)\} = \text{coord trans. of } \gamma_{ij}$$

But Ham. eqns. are then.
coord transformations.
??
..

In Q.Th.

H^0 and H^i functions of
operators γ_{ij}, π_{ij}
cannot make H^0 as function
of operator = 0.
 γ_{ij}, π_{ij} conjugate op on some
big Hilbert space +
Physical Hilbert space
 $H^0 |\psi\rangle_P = H^i |\psi\rangle_{ph,s} = 0.$

Problem:
Physical operators A_{ph} .

$$A|\psi_p\rangle \rightarrow |\phi_p\rangle$$

$$[A, H_0] = [A, H] = 0$$

$$f(H^0, H^i)?$$

Eqs. motion

$$\frac{\partial A}{\partial t} = [A, H] = [A, \int \alpha H^0 + \beta H^i] = 0$$

All physical operators must be

time indep. (Constant of motion)

Problem of Time

Time is relational(?)

$$\underbrace{X = X_0 + PT}_{??}$$

Current Problem.

$$H^0(x) = H^i(x) = 0$$

$\mathbb{I}$ if one represent $\pi^{ij}(x)$
 $\frac{\partial}{\partial \delta_{ij}(x)} =$ into H^0, H^i

$$H\left(\frac{\partial}{\partial \delta_{ij}}, \gamma_i\right) \Psi(\delta_{ij}) = 0$$

Wheeler-DeWitt equation.

$$H^0|\gamma_p\rangle = H^i|\gamma_p\rangle = 0.$$

$$H^0 = H^i = 0$$

Coord freedom.

Coord Conditions. $\rightarrow$

$$\alpha = 1, \beta_i = 0$$

$$g_{\mu\nu} = \begin{pmatrix} -1 & 0 & 0 & 0 \\ 0 & \gamma_{ij} \\ 0 & & & \end{pmatrix}$$



t is proper time.

$$ds^2 = -dt^2 + \gamma_{ij} dx^i dx^j$$

Gaussian Normal coord.

$$d\vec{r} = -dt^2 + dr^2 + r^2 d\Omega^2$$

$$t = \tau \cosh \rho$$

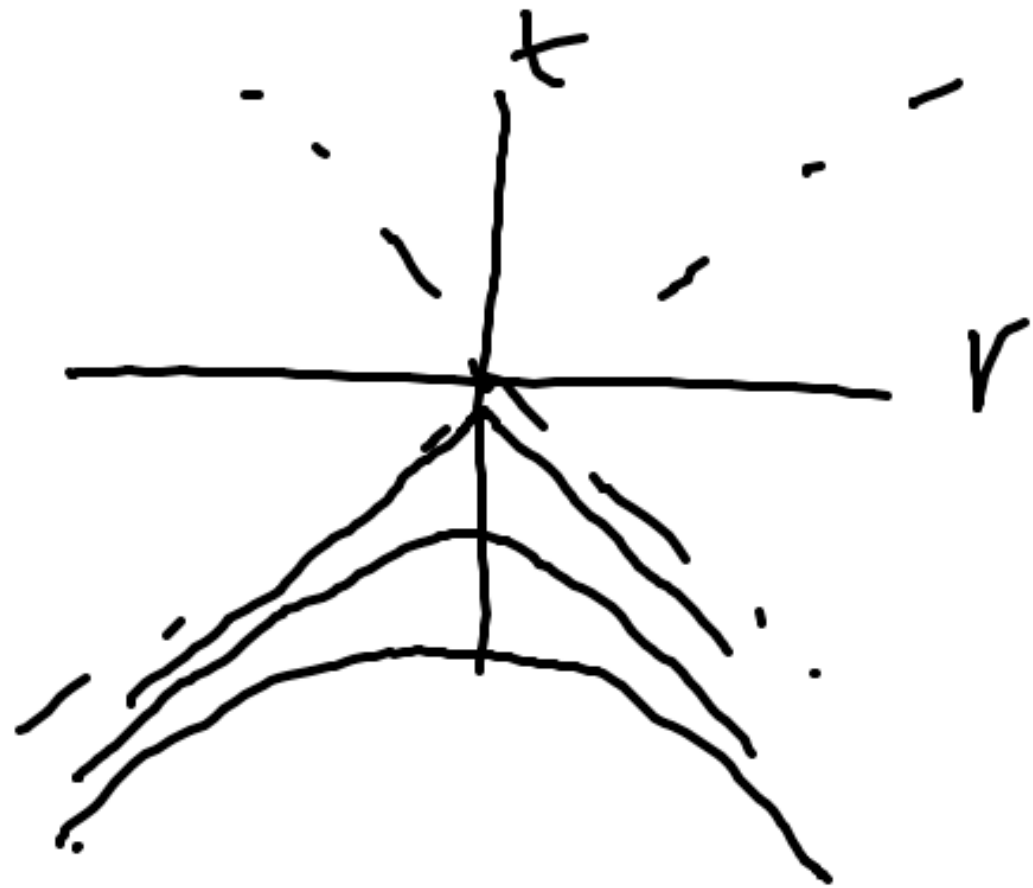
$$r = \tau \sinh \rho$$

$\Rightarrow$

$$d\vec{s} = -d\tau^2 + \tau^2 d\rho^2 + \tau^2 \sinh^2(\rho) d\Omega^2$$

$\tau = 0$ is a problem.

At $\tau = 0$ both
intrinsic & Ext
curvature blow
up.



Gaussian Normal coords are
(almost) always pathological
(coord singularities)

$$H^0 = H^i = 0$$

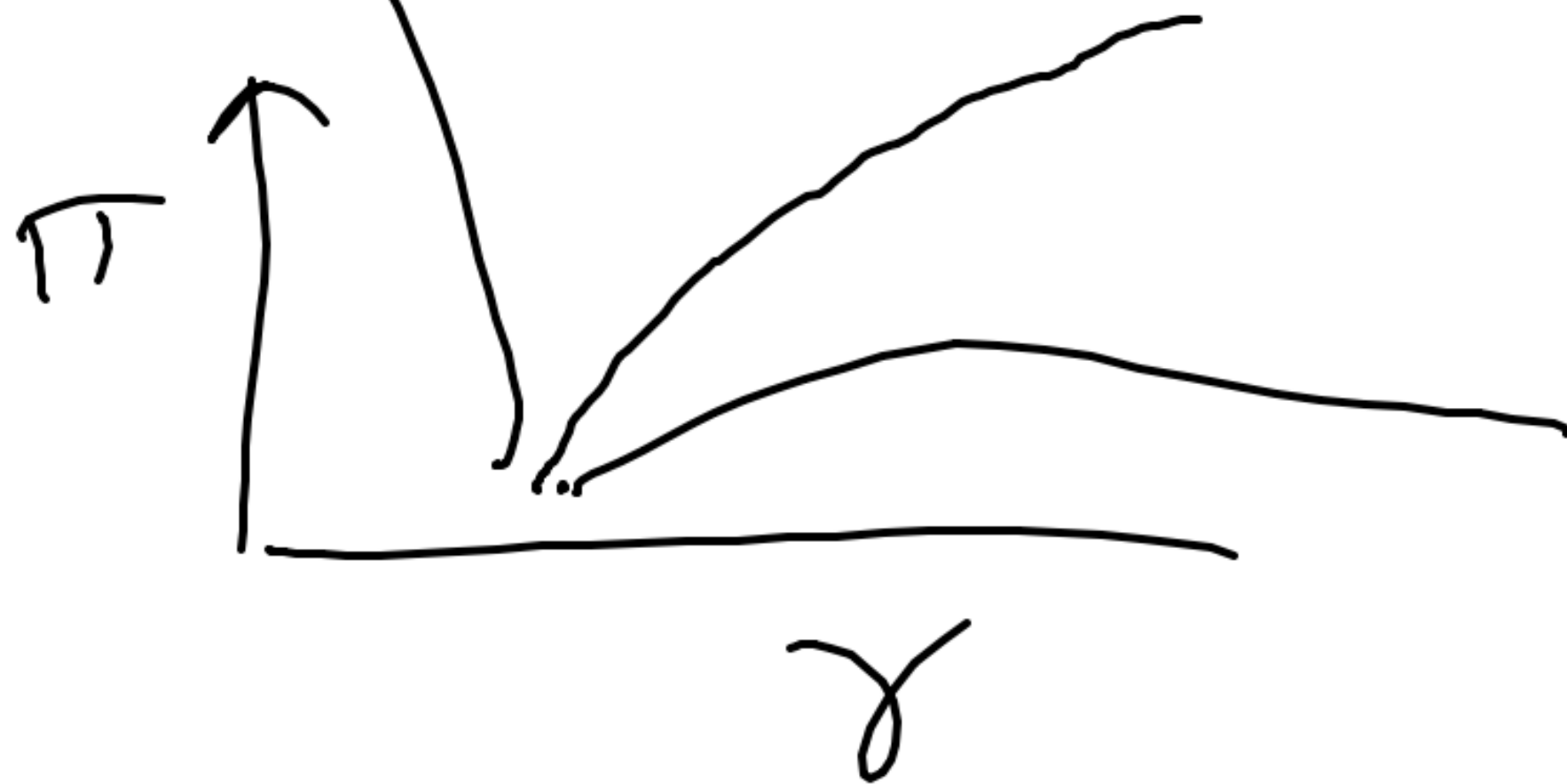
$$\partial_t H^0 = \partial_t H^i = 0$$

$$\partial_t H^0 = a H^0$$

$$\text{If } H^0 \approx \epsilon \text{ at}$$

$$H^0 \approx \epsilon e$$

With "wrong" curve choice
Eqns are unstable.



unstable

$$H^0 = \frac{1}{\sqrt{r}} \left(\frac{\pi^2}{2} - \pi_{ij} \pi^{ij} \right) + \sqrt{8} \pi R$$

$$\tilde{\pi}_{ij} = \left(\pi_{ij} - \frac{1}{3} \pi \gamma_{ij} \right) \quad \gamma_{ij} \gamma^{ij} = 3$$

$$H^0 = \frac{1}{\sqrt{r}} \left(\underbrace{\tilde{\pi}_{ij} \tilde{\pi}^{ij}}_{\text{positive}} - \underbrace{\frac{1}{2} \pi^2}_{\text{negative K.E.}} \right)$$

$$- \dot{p}^2 + \dot{q}^2$$

$$\pi = 0$$

$K = 0 \Rightarrow$ coord system chosen so

coord volumes do not change physically

Is there a coord system
which is stable?

yes. Frans Pretorius.

Linear Theory.

$$\partial_i \bar{h}^{ij} = 0$$

Harmonic Coord.