# The Ear

### Audible range – 20Hz-20kHz

- children typically hear up to 20kHz
- Adults hear up to 10-14kHz
- >70 years old usually can't hear > 8kHz

## **Form and Function**

- Air pressure changes are perceived by the brain through nerve cells
  - i) **Outer ear** : pinna, and cavity to ear drum
    - a) auricle/pinna:
      - i. collects and filters sound
      - ii. ridges help focus echolocation
        - horses can independently aim to localize sound
        - humans localize with CNS, through loudness and arrival time differences between ears
    - b) Outer canal
      - i. helps to amplify sound and protect eardrum with wax
    - c) Ear drum/tympanic membrane
  - **ii) Middle Ear**: air cavity on inside of ear drum ventilated by Eustachian tube through nose
    - a) 3 ossicles: malleus/hammer, incus/anvil, and stapes/stirrup
      - i. uses lever and hydraulic phenomena to efficiently transmit sound
        - 1. hammer covers large portion of drum to relay air pressure changes that hit the ear drum
        - 2. anvil levers
        - 3. small stirrup pushes on oval window which moves fluid in cochlea/inner ear
      - ii. protect the inner ear from loud noises and sudden pressure changes by retracting the stirrups from window (triggered at 80-95db)
  - **iii) Inner Ear**: liquid filled cavity surrounded by hard bone with the Cochlea, Vestibular/Semicircular Canals
    - a) Cochlea: hearing organ
    - b) Vestibular/semicircular canals (or labyrinth): balance (gravity and motion) organ
    - c) when ossicles kick the window, fluid in inner ear is pushed against hairs in inner ear, which release neuro transmitters when stimulating/bending

# **Hearing Loss**

#### Causes:

- 1) Birth Defects:
- fixed or missing ossicles
- holes in the tympanic membrane

#### 2) Damage

- impacted ear wax
- inflammation/infection
- abrasions (qtips) → scarring/thickening of eardrum, reducing sensitivity
- calcification over time  $\rightarrow$  wrecks bones
- loud sounds/high pressure differences (explosions/diving)  $\rightarrow$ 
  - o can burst ear drum
  - o break ossicles
  - o destroy inner ear hair cells
- overexposure  $\rightarrow$  destruction of the outer hair cells
- antibiotics- ex. tetrcyclines  $\rightarrow$  damage the hair cells

#### Timescale of hearing loss:

#### 1) Temporary

- ear can desensitize to large amounts of noise in a short time
- physiological fatigue can set in, requiring 16 hours to disappear
- severe exposure can cause pathological fatigue, requiring up to 3 weeks for complete recovery

#### 2) Permanent

- Prolonged exposure to loud noises
- greatest risks at frequencies above 4kHz
- loss of <5kHz sounds affects understandability of speech  $\rightarrow$  especially plosives (p b ) and fricatives (s, f)

# Protection

- soft deformable plastic can give reduction of 20-30 dB
- musicians have specially made ones that drop all frequencies by 15 dB
- some have a small channel in centre yields 30dB reduction at high frequencies, only passing low frequencies

# **EXPERIMENT**

speaker with function generator to "test hearing"

- slowly sweep down from 20KHz to see when start hearing
- if below 10kHz, see an audiologist!

# Ear and the Brain's Sifting of Sound

- ear has the amazing capability of discriminating between pitch, loudness, and tone colour
- Nervous system function
  - o assesses modes from each ear, and performs averaged measurement
  - can make "running averages", summing info over a short period of time and averaging it (to correct for movement)
- can "make sense" out of complicated signals by comparing info from both ears, and the timing relative arrival times
- "Precedence effect" : Ear combines identical sounds if the arrive within 35ms of each other
- 1st to arrive predominately determines location of the source
- unless the 2<sup>nd</sup>, 3<sup>rd</sup> etc... are > 3x amplitude, they will augment
- but initial reflections arriving after 10ms can assist in determining location and intelligibility of sound
- reflection or secondary source come earlier than source?
  - Confusion in brain yields muddles intelligibility
  - electronic delays of amplified sound can balance
  - $\circ$   $\;$  to avoid, loud speakers tend to be placed behind source
  - high ceilings can delay these confusing reflections.